



2021 Virtual Healthcare Summit

November 2, 2021 10:30 am – 3:30 pm CT

Caring for the Caregiver: Addressing the Emotional and Mental Well-being of Healthcare Workers

The emotional tolls of the COVID-19 pandemic, stay-at-home orders, and social unrest brought new visibility to underlying societal issues of racism, inequity, and mental distress inadequately addressed in prior years. In 2020, the census estimated that 48% of American adults had faced feelings of hopelessness or depression in the last year, an increase of more than double the measured result in 2019. In late 2020, a survey of over 1,100 healthcare workers by Mental Health America found that 93% of healthcare workers were experiencing stress, 86% reported experiencing anxiety, 77% reported frustration, 76% reported exhaustion and burnout, and 75% said they were overwhelmed.

Healthcare workers have been increasingly burdened by the incredible demands on the front lines and at home. The impact of ongoing mental and emotional distress is projected to continue into the foreseeable future. These issues will continue to influence the well-being needs of our employees, their families, and our communities for months and years to come. As a result, healthcare organizations will need to find new models for effectively addressing employees' mental and emotional resilience and well-being. Join us for an interactive session to share best practices and innovative solutions in supporting employee mental well-being.

AGENDA

10:30 – 10:40 AM – Welcome & Opening Keynote Introductions

Ryan Sledge, M.B.A., M.P.H.

Vice President, Workforce Health & Safety, HCA Healthcare

Stephen Doyle, M.S., M.B.A.

Sr. Director, Strategic Health Management Solutions, UPMC Health Plan

10:40 AM – 11:40 AM – Opening Keynote

Addressing diversity, equity, inclusion at ProMedica --Tactics & Learnings

Vic Strecher, Ph.D., M.P.H.

Professor, University of Michigan Schools of Public Health, Founder and CEO,
Kumanu, Inc.

Greg Braylock, Jr., M.B.A.

Vice President, Chief Diversity, Equity, Inclusion Officer, ProMedica

11:40 – 11:50 AM – Break

11:50 AM – 1:00 PM – Panel Presentations and Discussion

Building Resilience and Addressing Burnout and Racism in Healthcare

Kristi McClure, M.S.N., R.N.

Advisor, Provider and Associate Well-Being, OhioHealth

Toweya Brown-Ochs, M.B.A.

Director of Diversity and Inclusion, HealthPartners

Dr. Susan Johnson, Ph.D., M.Ed.

Director of Health Promotion, Assistant Professor in the College of Health
Professionals, Medical University of South Carolina

Jen Wright, M.P.H.

Director of Working Well, South Carolina Hospital Association

1:00 – 1:30 PM – Break

1:30 – 3:00 PM- Collaborative Learning Session

Antiracist Well-Being by Design

Abby Wright

Director, Population Well-Being, HealthPartners

Toweya Brown-Ochs, M.B.A.

Director of Diversity and Inclusion, HealthPartners

Meghan Krause, M.P.H., M.A.

Senior Well-Being Program Manager, HealthPartners

3:00 – 3:15 PM – Group Report Out

3:15 – 3:30 PM – Closing Comments & Reflections

Ryan Sledge, M.B.A., M.P.H .

Vice President, Workforce Health & Safety, HCA Healthcare

Stephen Doyle, M.S., M.B.A.

Sr. Director, Strategic Health Management Solutions, UPMC Health Plan

3:30 PM Adjourn